

MODIFIED EARLY OBSTETRIC WARNING SYSTEM CHART
(MEOWS CHART)



If the patient triggers ANY RED or TWO OR MORE YELLOW flags at any one time, CALL FOR HELP and start the FAST-M Decision Tool.

Patient											Patient ID					DOB / Age		
Date																		
Time																		
Initials																		

WRITE VALUES IN BOXES PROVIDED

Respiratory rate (breaths per minute)	25 or more	RED															
	21 – 24	YELLOW															
	11 – 20	NORMAL															
	10 or less	RED															

Temperature (°C)	38 or more	YELLOW															
	36.0 to 37.9	NORMAL															
	35.9 or less	YELLOW															

Heart rate (beats per minute)	120 or more	RED															
	100 – 119	YELLOW															
	50 – 99	NORMAL															
	40 – 49	YELLOW															
	39 or less	RED															

Systolic blood pressure (mmHg)	160 or more	RED															
	140 –159	YELLOW															
	100 –139	NORMAL															
	90 – 99	YELLOW															
	89 or less	RED															

Diastolic blood pressure (mmHg)	110 or more	RED															
	90 –109	YELLOW															
	40 – 89	NORMAL															
	39 or less	RED															

Urine output Hours since patient last passed urine (tick box)	12 hours or less	NORMAL															
	12 – 18 hours	YELLOW															
	18 hours or more OR less than 0.5 ml/kg/hour	RED															

Mental state (tick box)	Normal	NORMAL															
	Altered	RED															

Looks unwell (tick box)	No	NORMAL															
	Yes	YELLOW															

TOTAL YELLOW FLAGS																	
TOTAL RED FLAGS																	

ACTION TAKEN (IF REQUIRED) Yes (Y) / No (N)																	
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If there are ANY RED or TWO OR MORE YELLOW flags, CALL FOR HELP and start the FAST-M Decision Tool.

SUSPECT SEPSIS, START FAST-M

